The 4-H Youth Development Program is the youth outreach program from the Land Grant Universities, Cooperative Extension Services, and the United States Department of Agriculture. The 4-H Name & Emblem is intended to represent the ideals of the program with its focus on **Head, Heart, Hands, and Health**. Today, it is one of the best-known and most valued images emblematic of more than a century of 4-H achievement.

**4-H Headquarters Mission**
Advancing research-based youth development and 4-H through the science of engagement, learning and change to create a better future for the nation and the world.

**4-H Vision**
A world in which youth and adults learn, grow, and work together as catalysts for positive change.

Learn more about the overall 4-H Youth Development Program at: [www.4-H.org](http://www.4-H.org).

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**December is Safe Toys and Gifts Month**

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**Professional Development & Training Resources**

**National 4-H Healthy Living Curriculum Products**
- ATV Safety [Buy](#) | [Online](#)
- Bicycle [Buy](#)

**Funding Resources**

**HHS/Office of Adolescent Health Seek External Reviewers for Upcoming Grant Announcements**

The Office of Adolescent Health (OAH) is preparing to release at least six distinct I funding opportunity announcements (FOAs) in January 2015 (please see summary below for more details about each
announcement). In advance of these announcements, OAH is seeking external reviewers – with expertise in adolescent sexual health. **Reviewer applications are now being accepted on a rolling basis.** The ideal TPPI reviewer is a critical thinker who will be able to independently identify and articulate the strengths and weaknesses of a proposal compared to the criteria of the FOA. Reviews will be done remotely rather than on-site, eliminating the need for external reviewers to travel. Reviewers will include researchers, evaluators, educators and others with expertise in teen pregnancy prevention, sexuality education, and adolescent sexual health promotion. OAH anticipates that the review panels will be a 50/50 split between internal federal staff and external reviewers. With the diversity of FOAs expected, even if you work for an organization likely to apply for TPPI funding, you can still serve as a reviewer; the only restriction being that you must disclose and recuse yourself from reviewing submissions for the particular FOA your organization has applied for.

**To Apply:**
Either:
1) Email OAH.GOV@HHS.gov, subject line “Reviewer Application,” including a letter of your interest in being a reviewer for forthcoming TPPI funding opportunity applications and attach a CV or resume; or
2) Go to the OAH web site’s [Reviewer Registration page](#) and complete the application process.

***Tier 1 FOAs:**
TPPI – [Implementing Evidence-Based TPP Programs to Scale in Communities with the Greatest Need](#)
Estimated Post Date: 1/08/2015 and Due Date: 3/31/2015

*TPPI – [Capacity Building to Support Implementation of Evidence-Based Teen Pregnancy Prevention Programs](#)
Estimated Post Date: 1/08/2015 and Due Date: 3/31/2015

***Tier 2 FOAs:**
TPPI – [Supporting and Enabling Early Innovation to Advance Adolescent Health and Prevent Teen Pregnancy](#)
Estimated Post Date: 1/08/2015 and Due Date: 3/31/2015

*TPPI – [Rigorous Evaluation of New or Innovative Approaches to Prevent Teen Pregnancy](#)
Estimated Post Date: 1/08/2015 and Due Date: 3/31/2015

***No tier:**
TPPI – [Standing Announcement for Teen Pregnancy Prevention Research Grants](#)
Estimated Post Date: 1/01/2015 and Due Date: 4/15/2015

*All of this information is subject to change.*

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**Interesting Links**

**Eat & Move-O-Matic**-a downloadable app to measure calories in and calories out of the body

**FoodCorps**-a national service organization that places emerging leaders into limited resource schools for a year of service improving healthy food education and access for America’s children

**Courage to Care**-a nine lesson program designed to be taught weekly that is applicable to a variety of environments which includes school classrooms, 4-h Clubs, after school programs, other youth programs, and residential programs
Healthy Weight Commitment Foundation serves as a catalyst for over 200 organizations to help families and schools fight obesity
http://nifa-connect.nifa.usda.gov/p2u35iy43fp/

Healthy Kids Out of School works with some of the country’s leading out-of-school-time programs including 4-H, Girl Scouts, Pop Warner and YMCA to promote three principles for healthy programs:

- Drink Right: Choose water instead of sugar sweetened beverages
- Move More: Boost movement and physical activity in all programs
- Snack Smart: Fuel up on Fruits and Vegetables
http://nifa-connect.nifa.usda.gov/p2orqmfbdnb/

Steps to a Healthy Teen helps youth develop skills and knowledge in physical education and nutrition
https://nationalfourhcouncil.adobeconnect.com/_a701077731/p3z93c5muzd/?launcher=false&fcsContent=true&pbMode=normal

Understanding Adolescent Brain Development
Part 1:
https://connect.extension.iastate.edu/p7s159j4yi3/?launcher=false&fcsContent=true&pbMode=normal
Part 2:
https://connect.extension.iastate.edu/p69fyn3bcub/?launcher=false&fcsContent=true&pbMode=normal

GENIE: Your Nutrition Education Wishes Have Been Granted can be found at:
http://www.eatright.org/Foundation/content.aspx?id=6442478708. You can email questions to:
Kidseatright@eatright.org.

The Update on Healthy Living is intended to provide useful information to colleagues in the land-grant university system, Cooperative Extension, and stakeholder organizations. If you have any questions and/or concerns about the update, please contact:
bjohnson@nifa.usda.gov.