Greetings From Your President
Patti Zelmer, Ulster County

This is not a trick question.

When was the last time you did something for the first time?

Recently, I enrolled at a Health Club for the first time, AND, I went to a spinning class for the first time. It was a little scary. All the unknowns: Where do I start? How much time is it going to take? Can I do it? Will I feel like I want out? How do I know if I have succeeded? Will it hurt? Who will help me?

What gave me the courage to meet all these (and more!) questions? My goal: I want to improve my health. To reach my goal, the health club is the resource that provides the instructors, the environment and the accountability I need.

It was at the health club that I was reminded of our New York State Association of Cornell Cooperative Extension 4-H Educators (NYSACCE4-HE). For the first time I am the Association President. It’s a little scary. All the unknowns. Where do I start? Will it hurt? Who will help me? How do I know if I have succeeded?

My goal of being an effective leader for the Association, gives me the courage to meet the unknowns. To reach my goal the Association provides the instructors, the environment and the
accountability I need.

In December I met with our new Association Officers, News and Views Editor and our State 4-H Program Director. At this orientation/meeting we first took a brief look at our personal goals and personal strengths and then moved into the Association Goals & Themes for 2007. We came up with an extensive “list”. It is critical we define and clarify the Association goals so we have the courage to meet the questions and any “first time” situations.

The Officers met on January 23rd to clarify the 2007 Association Goals. These goals will be presented to the Board on February 14th and then published in the 2007 Leadership Directory and News and Views. These goals will define our direction and give us the courage to meet the unknowns and first times. Defined goals give direction.

Have you defined your professional and personal goals for 2007?

Speaking of goals. Can you name the three New York 4-H Youth Development Goals?

1. Engage young people in the work of the Land-Grant University and USDA
2. Teach knowledge and life skills which enhance the quality of life
3. Create opportunities which promote positive youth development

These three goals will be the themes of our next three issues of News & Views. Start thinking now how you can communicate your efforts to our colleagues.

The new Year is off and running and so is your New York State Association of Cornell Cooperative Extension 4-H Educators! I am looking forward to an exciting year of leadership with our association. The Association is your resource for the instructors, environment and accountability. Let me know (psz2@cornell.edu) if I can help you with any 4-H unknowns or “first time” situations.

Sincerely,

Patti Zellmer

Patti Zellmer, President
Dear Uncle Al:

As a new Educator, I’m flooded with information! What should I be reading to help me keep on top of things without an overload?

Thanks for the help,
Doc U. Ment

Dear Doc U. Ment:

Aren’t we fortunate that we work for an organization that has SO much information on positive youth development right at our finger tips? But, I hear you, and yes, the amount of information we must sift through on a daily basis can be overwhelming. I asked our “seasoned” Educators from around the state to highlight the resources they find most helpful in their pursuit of excellence. Here’s what they are reading:

News and Views (http://nys4h-staff.cce.cornell.edu/ACCE4-HE.php) First of all, this quarterly newsletter, is a great way to keep connected to your professional association and Educators around the state. I always find the article from our NYS Association of Cornell Cooperative Extension 4-H Educators (NYSACCE4-HE) President inspiring. You can also find out what the different districts are up to – all in an effort to improve your own programming! News and Views offers a great venue to share success stories, and words of wisdom with your fellow Educators. Archives are posted on the NYSACCE4-HE website.

4-H Fourth Friday News Blog (nys4h-staff.cce.cornell.edu) Electronic newsletter in blog form is continually posted to the State 4-H Staff website keeping NYS 4-H Educators current and up-to-date with information regarding the 4-H program. Watch for regular sections including professional development opportunities, scholarships and grant information, news on the 4-H Foundation, important comments from state staff, the latest and greatest resources, Warm Welcomes and Fond Farewells. There’s even a place to add your best pictures to the 4-H Photo Gallery! Monthly reminders of the current postings are sent to the Youth Educator’s List Serve – sign up at http://nys4h-staff.cce.cornell.edu/ also.

Clover Corner News (www.4hblogs.org/ccn) Clover Corner News is 4-H’s national online newsletter. You can register to receive it at the above web site. This is a great way to catch up on great programs around the country.
The “Ask Uncle Al” column is written by the Mentoring Task Force in honor of retired Educator and well known mentor from Seneca County, Al Woodward. Please send your questions related to being a new staff member in CCE 4-H Youth Development to Brenda Carpenter at btc6@cornell.edu.

Select questions will be posted in News and Views. All emails will receive a thoughtful, caring response.

CCE News
CCE News is a weekly electronic newsletter with information of interest to CCE educators across NYS. The newsletter is generally sent out by Lauri Whatley to the CCE staff and faculty. If you don’t receive CCE News, contact Lauri Whatley at lhw6@cornell.edu!

Journal of Extension (www.joe.org)
The Journal of Extension (JOE) is the official refereed journal of the U.S. Cooperative Extension System. It seeks to expand and update the research and knowledge base for Extension professionals and other adult educators to improve their effectiveness. JOE is an electronic journal, available only on the World Wide Web.

Because there is so much information available, a word of caution is to remember to always consider the source. As Cooperative Extension 4-H Educators, we need to be relying on information that is based in research – not the latest “whim”. As for curriculum, I believe every Educator should read the CCS resource guide on experiential learning called “Heads-On, Hands On”. It will provide a working foundation for our work with youth. I enjoy reading through the newsletters from different counties just to get a flavor for what’s happening in the state. Usually I glance through the newsletter and pull out interesting program ideas and file for later. Fund raising ideas are a favorite. You might also want to tag this website in your “favorites” – www.national4-hheadquarters.gov. You will find an excellent section on “Fact Sheets” with especially helpful information on “Using the 4-H Name and Emblem”, chartering 4-H clubs, Federal income tax exempt status, along with many others.

Good luck as you seek to “Make The Best Better”, and in true 4-H style, when you find an awesome resource, remember to share it with other 4-H youth development professionals!

Happy reading,
Uncle Al
District Leadership

**Capital District:**
Chair          John Bowe  
Vice-Chair    Bonnie Peck  
Secretary     Kelly Radzik  
Board Rep.    David Leggett

**South Central District:**
Chair          Elizabeth Bunce  
Vice-Chair    Jodi Tatich  
Secretary     Heather Ware  
Treasurer     Pam Castro  
Board Rep.    Lauren Drum

**Finger Lakes District:**
Chair          Jessica Spence  
Vice-Chair    Katie Nelson  
Secretary     Jennifer Jensen  
News & Views  Mary Ann Scharmberg  
Board Rep.    Tim Davis

**South East District:**
Chair          Pat Hubbard  
Vice-Chair    Marika Rywak  
Secretary     Heather Ware  
Treasurer     Pam Castro  
Board Rep.    Lauren Drum

**North Central District:**
Chair          Terri Artini-Stoodley  
Vice Chair    Terri Lanterman  
Secretary     JoAnn Richards  
Board Rep.    Margie Ragosta

**Western District:**
Chair          Margo Bowerman  
Vice-Chair    Angela Waligora  
Secretary     Angela Northern  
Board Rep.    Shawn Tiede  
News and Views Margo Bowerman

**South East District Report**
*Marika R. Rywak, Putnam County*

The South East District met in December for our annual Holiday meeting. We had a great hot lunch and held a grab bag gift exchange. There were some really great presents, including a ceramic turtle, cookie mix, candles, teas and more. In addition to our fun and games, we planned our regional events for the remainder of the year.

The last weekend in January we will be holding a Regional Teen Winter Weekend Retreat at the Belleayre Ski Resort and Ashokan Field Campus. Fun has been assured for all who attend! Our Regional Horse Bowl and Hippology events will be held at the Orange County Extension Office in Middletown on Saturday, February 24th with a snow date of the 25th. Additionally, the South East District is currently in the process of planning and coordinating our annual District 4-H Public Presentations event and Horse Communications Event, both scheduled in April.

The next South East District meeting is scheduled for Thursday, March 15th at the Rockland County Extension office in Stony Point. Barb Schirmer will be our Professional Development speaker for this meeting, focusing on her talk from Fall Conference. Any bordering counties interested in joining us please contact...
Members of the Finger Lakes and Western Districts welcome Rachel Williams from Seneca County with a Tool Kit from Mentoring Committee member, Margo Bauer.

**Fingerlakes District Report**  
*Mary Ann Scharmberg, Livingston County*

Finger Lakes held a joint meeting with Western District December 11th at Genesee County CCE. Jessica Spence, chairman of Finger Lakes District, handled the discussion portion of the meeting that consisted of a committee report concerning joining these districts together. It was recommended and then agreed upon that both districts would meet together 3 times a year at alternating central locations. A professional development session would be held in the morning and state business would be conducted after lunch. Following that each district would meet individually to discuss programs. The chairman could call additional individual district meetings, if needed, during the year.

After a delicious catered lunch (Chip’s homemade rolls were a hit!), Margo Bowerman, Western District’s chairman, conducted the business meeting consisting of state committee, program reports and updates.

The Holiday Gift Exchange was also a hit—especially the battle over the Tim Horton’s gift certificate!
Capital District Report  
*Dave Leggett, Saratoga County*

Capital District met on November 20th, 2006. We began with a program by Dianne Walters on Public Presentations. This was followed by a delicious pot-luck lunch which was enjoyed by all and the consensus was that we should try to do this once each year. Our regular business meeting followed with new officers John Bowe, Chair, Washington County, Bonnie Peck, Vice-Chair, Fulton/Montgomery, Kelly Radzik, Secretary, Columbia, and Dave Leggett, Board Rep., Saratoga.

Capital District met again on January 12th, 2007. Our speaker was Roslyn Jefferson, LCSW-R, who came to us from The Center for Problem Gambling in Albany, New York. She addressed risk factors for, and warning signs of, teen gambling. After an enjoyable lasagna lunch, we held our group meeting. Following the regular session, educators with equine responsibilities held a Region 5 Horse Committee meeting.

We have future meetings set for March, May, June, September, and November, three of which are joint meetings with Ag. and Human Ecology.

**QUICK TIP**

Getting to the Association web site can be tricky! Here is one way to find it.

**From the State 4-H home page**
At the top, click on Staff. At the opening staff page, go to the left side/bar click on **Partnerships**, when that page opens the Association is listed in the middle column under, **Collegial Partnerships**.
Professional Development Committee  
Meachele Manchester, Chemung County

The committee met twice in Milwaukee. At each meeting the larger committee broke into three established task forces. They are:

- Mentoring
- Balancing Work and Family
- Educational Models and Scholarships

It was difficult to understand the ongoing objectives and record the progress of the subcommittees as a first-time attendee. I participated on the Mentoring Task Force with a wonderfully enthusiastic group of professional from across the country. Over the past year they have been examining several state professional development plans that have included a formal mentoring component. In nearly every model examined the mentor/mentee roles and relational outcomes were explicit and linked to performance appraisal. The plan for 2007 is to evaluate the models and pull together the best practices and develop written tools to be used as a national curriculum. The task force is hoping to share that information in a poster session in Atlanta for 2007 and make it available through the NAE4-HA website.

The other task force that caught my attention was the Educational Model and Scholarship Committee many of who expressed concern about the process of selecting seminars for the national conference. They will be working with the Atlanta organizers to make sure that the seminars being selected fit the criteria and scholarly level of the NAE4-HA National Conferences and that they are aligned with the 4-H PRKC.

NAE4-HA Public Relations and Information  
Chrys Nestle, Washington County

This committee works very closely with the National 4-H Council. We received much information surrounded with discussion about the National 4-H Week kit and the new 4-H Brand Network.

Reports were also shared from the subcommittees:

- “4-H Hall of Fame” held their induction this past year. (It would be great for New York to have another inductee – our last one was in 2004.) This virtual hall of fame can be accessed on the NAE4-HA website under directories.

- “Distinguished 4-H Alumni”, also found on the NAE4-HA website under directories, is open to additions at any time. The only requirement is that you must be able to verify 4-H membership. Just contact Jim Kahler at jkahler@csrees.usda.gov.

- “Marketing 4-H” offered a seminar at the 2006 NAE4-HA conference – “Promote What You Love – 4-H“. 
  (ed. note: Chris Nestle co-presented this seminar)

- “Member Services” offered new attendees orientation at the beginning of the National Conference.

Members of this committee also spoke about the possibility of collecting 4-H stories to create a publication along the lines of the popular “Chicken Soup for the (4-H) Soul”.
Member Recognition Committee  
Mary Ann Scharmberg, Livingston County

1. Ohio’s Ryan Schmiesing is the new Committee Chair taking over from Bill Million.

2. This year at the NAE4-HA conference, the Member Recognition Committee approved the new award to recognize an outstanding Program of Distinction. The national award recipient will be presented with a certificate and a $500.00 cash award. This award is being provided by Mr. E. Neil Carey in honor of his 4-H Agent, Dr. Jim Duncan. Suzanne LeMenestrel has secured this financial commitment and has been instrumental in working through the process so that we can provide this recognition in Atlanta for the first time.

3. Also at the conference, there was some initial discussion regarding adding an award to recognize an innovative 4-H program. Since the conference, Ryan has worked with Carolyn Fernandez and Sharon Anderson to expedite our review and approval process to institute the Denise Miller Innovator 4-H Award that will be presented at the 2007 conference in Atlanta. The national award recipient (individual or team) will receive certificates and $1,500.00!

4. The Service Award and Communicator categories are being used by many members.

5. The Specialty Awards are underutilized. More members need to apply so we won’t lose our sponsors. We need to recruit more applications to keep our donors happy!

Diversity Committee  
Marika Rywak, Putnam County

2006-2007 Goals and Objectives

1. Write and submit a poster session proposal regarding diversity-related resources for Extension and Youth Development Professionals

2. Write and submit one diversity related article per issue of the News and Views

3. Association Newsletter

4. Develop and distribute a list of diversity-related resources for use by extension and youth development professionals.
   a. A form is being developed for getting information from states regarding diversity resources. This will be done through contact with Regional Representatives, State Association Presidents, State 4-H Leaders, and State Diversity Specialists.
   b. Post listings and links to resources on the NAE4-HA website.
   c. This is the major focus for 2006-7 year.

4. Secure funding for annual diversity award

5. Create a “business card” for NAE4-HA members with reference information for the diversity resources online. Hopefully to be made available at the 2007 Conference in Atlanta

It was discussed that two of the five short-term goals were met in the 2005-2006 year. The funding for the Diversity Award was secured and a seminar, “The Home Team: Creating Inter-University Collaboration That Work was proposed, planned, and offered at the Milwaukee Conference.

Long Term Goals

Generate and look for existing curriculum on diversity-related topics

Gather up-to-date, relevant resources for effective programming with diverse audiences
The Research and Evaluation Committee met at the National Conference in Milwaukee on Monday, October 23 and Tuesday, October 24. First we looked at the responsibilities of the committee and decided on the action that needed to happen and what steps to take to accomplish our goals. We discussed the needs of the membership and the benefit of a searchable database. We divided into two groups for roundtable discussions and I was part of the group that worked on the Journal of Youth Development. Since returning from the conference we have had a conference call to do planning for the NAE4-HA Evaluation Pre-Conference in Atlanta Georgia.

The Journal of Youth Development now publishes three issues (Winter, Spring, and Fall) with 12 articles per issue—36 per year. We discussed the need to add a fourth issue that would be a themed issue and also to increase the number of articles per issue to accommodate more articles. To date they have received 137 submissions (manuscripts). The Journal of Youth Development is competing with the Journal of Extension. It has been a slow process so far, however now that things are set up this process should be quicker. There is a need for additional help from peers to review manuscripts. We need to balance topics and manuscripts from a variety of states. It would also be a good idea to measure the effectiveness of the Journal through an online survey that would be done after the fourth issue has been published.

We are planning a Pre Conference workshop on Sunday before the 2007 NAE4-HA National Conference in Atlanta, Georgia. This would be a full-day workshop that would offer two tracks, one each for beginner staff and advanced staff. There would be four sessions for members to attend. The beginner staff would focus on Research and evaluation; what it is, what we can do with it, and where you get it. The advanced staff would look at the overview framework for evaluation; how to match methods and nubners to narrative and how to present and prepare data. One question we will need to answer before the conference is; how advanced is advanced? And we will also need to recommend criteria for people who attend.
Policy and Resolution Committee  
Bernie Wiesen, Rensselear County

Our new chair for the committee is Larry Tibbs from Arizona and I am the North East contact. This year there were many items still being discussed surrounding the use of the Clover and liability of individual states and their members as it pertains to our professional organization. NAE4-HA may be looking at other professional organizations such as NAEFCS to determine a relationship to the state organizations which may aid in securing use of the Clover and liability. NAEFCS has affiliate organizations within the states and therefore carry their coverage to states in that manner. Just some food for thought. There are limitations on being able to charter groups to use the Clover. Kathanne Kress has been working at the National level to come up with an MOU/Charter to NAE4-HA and we have had dialogues with Barb Schirmer in our state to try to determine the best way to approach this issue locally. There was much discussion on the ins and outs of different classifications of nonprofits and legal standing with use of the clover through a charter versus an mou. It was so interesting to hear the differences across the country in different state structures and what may or may not work at their state levels. There is no easy answer to this ongoing question.

The NAE4-HA By-Laws was the second most discussed topic. Many of you may not have been aware that the structure of the National Board of Directors Trustees had been revised a while back in an effort to maximize efficiency in communication and to decrease costs associated with travel and time for board members to attend meetings. There was some passionate discussion which resulted in our committee tackling some changes to be proposed to the NAE4-HA Bylaws. Below are summary statements of what types of changes the committee was sending on for recommendation:

- Include Regional Directors in the Board of Trustees
- Formalize the process in which committees report to the Board of Directors
- Strike Past President from being part of the Board of Trustees
- Fix a typo by eliminating the wording linking the Vice President to state relations.

I truly enjoyed being part of this committee and I am really looking forward to the outcomes of our committee recommendations. I will pass along to you as soon as we have news, stay tuned!!
News from the Vice President
Barb Stevens, Albany County

We did it!!! Congratulations to all of you!!! With your help, we were able to exceed our quota in order to be eligible for three Distinguished Service Awards in 2007. At this point, we have 122 members, including 15 New York State members. Great job, everyone!!!

If you’d like to join the Association, it’s not too late!!! Dues are $85.00 for National and State membership, and $25.00 for New York State membership. This is the only professional association available for 4-H youth development educators, and is a great way to share program ideas, create partnerships with others around the state and nation, and build friendships. It’s your chance to help shape the policy and future of the 4-H youth development program, and to be an advocate for important youth development issues. If you or someone you know would like to join NYSACCE4-HE, send me an email at bes13@cornell.edu or give me a call at 518-765-3500. I look forward to hearing from you!!!

National News and Views
Fred Lauf, Dutchess County

Greg Hickey, 4-H Educator in McIntosh County, Georgia is the new chair of the NAE4-HA News and Views. Hickey believes that the National News and Views is in need of “renewal” and reports that the News & Views Committee is in need of committee leadership and members from all regions. This committee supports and facilitates the purpose and objectives of NAE4-HA through communication. Committee members determine the themes for each issue of News & Views, solicit articles, and make recommendations for improving the publication.

The National Version of the News and Views is designed to assist local educators be more aware of best practice techniques used throughout the Extension system. Because of this the National News and Views is in need of a constant inflow of articles, photographs and ideas. Much of this material can be obtained from state News and Views articles, but direct submissions are also welcome.

Fred Lauf will serve at the New York State contact for the National News and Views. Material for the National News and Views may be submitted to him or directly to Greg Hickey in Georgia.
All Extension Educators, Specialists, Cornell Faculty and Extension Administrators, who have an interest in youth development are welcome to join the New York State Association of Cornell Cooperative Extension 4-H Educators as full members. Annual dues paid at a National or State Level. Those joining the National Association for the first time will receive a 505 discount on their National membership ($32.50). National membership entitles you to national and state news and Views newsletters, membership rates at professional improvement conferences, the opportunity to participate on the board or directors and/or standing committees for the association. Most importantly, association membership provides a close network for professional relationships with other youth development educators in New York and across the nation. To meet National Award deadlines membership dues are payable by December 1st. Please take a few minutes to complete the application information below and return this application and check made out to NYSAC-CE4-HE to the association Vice-President, Barb Stevens. This membership automatically makes you an ACCEE member.

Name:_________________________________________ Title:______________________________________

Complete Mailing Address____________________________________________________________________

Telephone: (______)_________________, Fax (______)_________________, Email __________________

Number of years employed by CCE_____,% Time assigned to 4-H Youth Development work_____  

Association Committee I would like to be a member of:  

___Fund Development Task Force           ___Member Recognition & Awards            ___Nominating
___Marketing & Information               ___Staff Development & Planning             ___Capital Days
___History                                ___Mentoring                           ___Audit

NAE4-HA receives requests to share its database for research or evaluation studies. These studies might seek to involve you as a pilot test facilitator or involve you as a research subject.

I GIVE CONSENT TO BE CONTACTED: YES____/NO____ as a research subject aiming to enhance or understand the profession and/or the professional.

Agent  District  
Western ___     North Central___  
Finger Lakes___  South Central___  
Capital____     South East___
Cornell University____

Type of Membership  
___Renewal (state and national $85)  ___New Member (state and national $55)  
___State Only ($25)  ___National Life Member ($195)  
___State Life Member ($75)

Make Checks Payable to NYSACCE4-HE Return to  
Barb Stevens, 4-H Youth Development  
CCE of Albany County  
P.O. Box 479 Voorheesville, NY 12186
### 2007 NYSACCE4-HE Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>FEBRUARY</strong></td>
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<tr>
<td>14</td>
<td>State Board Meeting – New York State Fairgrounds</td>
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<tr>
<td>21-23</td>
<td>Joint Council of Extension Professionals Regional Leadership Workshops 2007, Valley Forge, Pennsylvania</td>
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<td><strong>MARCH</strong></td>
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<td>5-6</td>
<td>4-H Capital Days</td>
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<td><strong>APRIL</strong></td>
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<td>15</td>
<td><em>News &amp; Views</em> spring issue deadline – Please email to Fred Lauf with “News and Views” in the subject line.</td>
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<td>Theme: Engaging young people in the work of the Land-Grant University and USDA</td>
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<td>23-25</td>
<td>Public Issues Leadership Development Conference in Washington</td>
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<td><strong>MAY</strong></td>
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<td>State Board Meeting – Cornell University</td>
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<td><strong>JULY</strong></td>
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<td>15</td>
<td><em>News &amp; Views</em> summer issue Deadline – Please email to Fred Lauf with “News and Views” in the subject line.</td>
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<tr>
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<td>Theme: Teach knowledge and life skills which enhance the quality of life</td>
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<td><strong>AUGUST</strong></td>
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<td>2008 Budget Request due to Treasurer</td>
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<td><strong>SEPTEMBER</strong></td>
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<td>Districts hold elections and make recommendations for committee representatives to the president-elect (Vice President Barb Stevens). Committee Chair-Elect names submitted to president-elect (Vice President Barb Stevens)</td>
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<tr>
<td>11</td>
<td>State Board Meeting – New York State Fairgrounds</td>
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<tr>
<td>15</td>
<td>Annual Report Information due to Fred Lauf – please put “Annual Report” in the subject line.</td>
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<td><strong>OCTOBER</strong></td>
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<td><em>News &amp; Views Fall</em> issue deadline – Please email to Fred Lauf with “News and Views” in the subject line.</td>
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<tr>
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<td>Theme: Create opportunities which promote positive youth development</td>
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<tr>
<td>9-12</td>
<td>Annual State Conference (ACCEE) – Cornell</td>
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<td>21-25</td>
<td>NAE4HA Conference, Atlanta, Georgia</td>
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<td><strong>NOVEMBER</strong></td>
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<td>Start of New Offices (State and District) and Committee Chairs</td>
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<tr>
<td><strong>DECEMBER</strong></td>
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<tr>
<td>1</td>
<td>Deadline for NYSACCE4-HE Memberships for Awards allocations</td>
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<tr>
<td>3</td>
<td>Association Officers meet in Syracuse</td>
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<tr>
<td>4</td>
<td>State Board meeting - New York State Fairgrounds</td>
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