4-H Career Explorations Information Session
Agenda

• NYS 4-H Youth Development
• 4-H Career Explorations Overview
• Leading a Program
• Logistics
• Program Proposals
• Next Steps
WHAT IS 4-H?
How do you picture 4-H?
What is 4-H?

“The 4-H Youth Development Program is the youth outreach program from the Land-grant Universities, Cooperative Extension Services, and the United States Department of Agriculture.”

http://nifa.usda.gov/program/4-h
4-H Grows Here

https://www.youtube.com/watch?v=4vJ5Ab-uTDk
4-H is Positive Youth Development

PYD = an approach or philosophy that guides communities to organize services, supports, and opportunities so that all young people can thrive
The NYS 4-H Culture

**Vision**

A world in which youth and adults learn, grow, and work together as catalysts for positive change

**Mission**

4-H connects youth to hands-on learning opportunities that help them grow into competent, caring, contributing members of society.

**Values**

- Positive youth development, experiential learning, and fun
- Family involvement and community connection
- Skills development for college, career, and community success
- Diversity and inclusion
- Youth voice
- Meet local and global needs
- Research-based
4-H Formula for Success

4-H POSITIVE YOUTH DEVELOPMENT in the context of 4-H Culture

4-H YOUTH OUTCOMES

CONTRIBUTION

REDUCED RISK BEHAVIOR

Skill-building

Competence

Caring

Character

Long-term Caring Adult

Meaningful Leadership

Confidence

Connected

http://www.4-h.org/about/youth-development-research/positive-youth-development-study/
The Big “3”

• Caring Adults
• Skill-Building Experiences
• Meaningful Leadership
Who helped you on your way?

Close your eyes. Think back over your career. What sparked your interest in this career? Who helped you on your way?
Skill-Building Learning Experiences

Civic Engagement

Healthy Living

STEM
Engaging Youth Leaders
4-H at Cornell, Across the State
4-H Youth Thrive!

4-Hers are nearly

• 5X more likely to graduate college
• 4X more likely to contribute to their community
• 3X more likely to be physically active
• 2X more likely to pursue a STEM career
• 4-H girls are 2X more likely to take part in science

http://www.4-h.org/about/youth-development-research/positive-youth-development-study/
About the Conference

4-H CAREER EXPLORATIONS
Goals

• Connect kids to Cornell
• Spark youth interest in careers
• Develop youth academic, leadership, and life skills
• Youth experience college life
Create engaging, hands-on learning experiences that connect youth with their work and career pathways

LEADING A PROGRAM
Learning in the Lab
Field Trips
Logistics

• Topic
• Group Size
• Participant pre-conference preparation
• Lunch during the event
• Event Evaluation
• Financial Support
• Time Commitment
# University U Schedule

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td></td>
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<tr>
<td>1:30pm - 1:45pm</td>
<td>Gather to walk to program</td>
<td>Court Hall green space – North Campus</td>
</tr>
<tr>
<td>2:00pm - 3:00pm</td>
<td>Leave, walk to program</td>
<td>G-10 Biotechnology Building</td>
</tr>
<tr>
<td>2:00pm - 3:00pm</td>
<td>UU Opening Program</td>
<td>G-04 Biotechnology Building</td>
</tr>
<tr>
<td>3:00pm - 4:30pm</td>
<td>UU Chaperone Orientation</td>
<td>Leave from Biotech</td>
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<td></td>
<td>Campus Tour</td>
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<tr>
<td>Wednesday</td>
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<tr>
<td>8:30am - 9:00am</td>
<td>Gather to walk to program</td>
<td>Court Hall green space</td>
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<tr>
<td>9:00am - 10:25am</td>
<td>First Program</td>
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<tr>
<td>10:40am - 12:05pm</td>
<td>Second Program</td>
<td>(see Group Schedules)</td>
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<tr>
<td>12:15pm - 12:45pm</td>
<td>Lunch</td>
<td>Biotechnology Atrium</td>
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<tr>
<td>1:00pm - 2:25pm</td>
<td>Third Program</td>
<td>(see Group Schedules)</td>
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<tr>
<td>2:40pm - 4:05pm</td>
<td>Fourth Program</td>
<td>(see Group Schedules)</td>
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<tr>
<td>Thursday</td>
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<tr>
<td>8:30am - 8:55am</td>
<td>Gather to walk to program</td>
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<td>Fifth Program</td>
<td>(see Group Schedules)</td>
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<tr>
<td>10:35am - 12:00pm</td>
<td>Sixth Program</td>
<td>(see Group Schedules)</td>
</tr>
<tr>
<td>12:15pm - 1:00pm</td>
<td>Closing Ceremony</td>
<td>Bailey Hall</td>
</tr>
<tr>
<td>1:15pm - 2:15pm</td>
<td>Lunch</td>
<td>RPCC Dining Hall</td>
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90-minute workshops: 4 on Wednesday, 2 on Thursday
## Focus for Teens Schedule

### Focus Program Facilitators

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
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</tr>
<tr>
<td>1:45pm</td>
<td>Leave, walk to program</td>
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<tr>
<td>2:00pm</td>
<td>Leave, walk to program</td>
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<tr>
<td>2:00pm-4:30pm</td>
<td>See specific Focus schedules</td>
<td></td>
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<tr>
<td><strong>Wednesday</strong></td>
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<tr>
<td><strong>varies</strong></td>
<td>Departure to Programs</td>
<td>Court Hall green space</td>
</tr>
<tr>
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<td>See specific Focus schedules</td>
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Activity Schedule set by Program Facilitators: 2.5 hrs Tues. afternoon all day Wed. 3 hrs Thurs. morning
NEXT STEPS
Program Proposals

Submit proposal online: http://bit.ly/4HCareerEx16RFP
Program Proposal Process

• February 19: Program Proposals due
• February 26: Proposal notifications made
Event Preparation

• Mid-February: Program description and tentative schedule due
• Spring: Facilitation Training through Center for Teaching Excellence
• April 15: Program logistics finalized
• End of June: Participant registration list and final logistics shared
The Conference and Beyond

• June 27: Dinner with Focus Assistants
• June 28-30: Conference
• August: program evaluation summaries shared
Program Facilitator Website

Thank you!

Any questions?
Contact Alexa at ask37@cornell.edu