The 4-H Learning Experience

The 4-H learning experience is built on a youth-centered approach that provides the opportunity for exploration and reflection on learning experiences. Youth have the flexibility to direct their learning based on their interests and their individual learning preferences.

Spark
What excites you about your career? What would young people get excited about?

Learning Goals
Use your sparks to focus on a few learning goals for your program. How will you know you’ve achieved your goals?

Setting the Stage

Inclusive Environment
How will you create an inclusive environment that welcomes and engages diverse participants?

Developmental Relationships

Developmental relationships (both peer-to-peer and youth-to-adult) are the foundation of positive youth development. Developmental relationships express care, challenge growth, and provide support. They provide opportunities for shared power and expand possibilities for youth. How will you create developmental relationships with and amongst participants?

Focus Assistants and Chaperones
How will you partner with Focus Assistant teen leaders and adult Chaperones?
### Career Exploration

How will you talk with participants about your career? Why did you choose your current career? How did you get started? What education, training, mentors, etc. could you tell participants about?

### Activity Plan

<table>
<thead>
<tr>
<th>DO</th>
<th>What will participants do? How will they experience the career you are sharing?</th>
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</thead>
<tbody>
<tr>
<td>REFLECT</td>
<td>What guiding questions will you ask to help youth reflect on what happened and the activity results?</td>
</tr>
<tr>
<td>APPLY</td>
<td>What guiding questions will you ask to help youth analyze why things happened the way they did and how they will use what they learned in the future?</td>
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### Materials Needed

What supplies do you need for your activities? Is there anything participants should bring with them?