CA13-0452

News Story: Abstract

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The abstract should include information such as:

Objective: To tell the public about two young 4-H alumni and how they shared their 4-H experience at a state meeting.

Target audience: the general public

Current Population: 111,172

Publisher's requirement: Articles and photos must be emailed. The article must be embedded in the email message. The photo must be attached to the email.

Methods used: The article and photo were emailed to the media.

Production costs: None

Impact results: unknown

Role of applicant: I wrote the article, took the photo and sent both to the media.
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Personal Information

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Years in Extension
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Years as an NAE4-HA Member
26

Select NAE4-HA Region:
Northeast

My signature verifies that I am a paid member of my state association for the current and past year. If I am not eligible for membership in my state association, I verify that I am a paid member of NAE4-HA for the current and past year. I also understand that if my entry advances beyond my state it becomes property of NAE4-HA. Regional and national applications will not be returned.

https://nae4h.fluidreview.com/forms/21037/responses/1058616/1g0eUGmUwA/dF41f2e42978273a13c31376a5bc1cb8/signature.svg

https://nae4h.fluidreview.com/s/486209/40356/p/

2/28/2014
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Communicator Awards Application Form

Page 1
Choose which Communicator Award you/team are applying for:
News Story
Award Nominee
Linda Tripp
Name of Person Submitting Application
Linda Tripp
Page 2
Local 4-H alumni detail how participation has shaped their future.

Local 4-H alumni Emily MacIntosh and Erin Wadsworth recently participated in the New York State County Fair Managers Association annual meeting. They were invited to share how their experiences in 4-H and participation at their local county fair has influenced their future plans.

Wadsworth grew up in Valatie where she attended the Ichabod Crane Central Schools. She is currently a sophomore at SUNY Cobleskill with a major in animal science. She is a resident assistant for her dorm, plays NCAA Division II softball as pitcher for her team and is a member of the American Animal Producer’s Club.

Although Wadsworth did not join a 4-H club until she was 14, she packed those four years with accomplishments. Her main 4-H projects as a member of the Black Sheep 4-H Club were sheep and goats (although she had never stepped foot on a farm until she joined the 4-H club). Wadsworth worked hard, spent much time with her project animals and learned as much as she could from her 4-H leader and club members.

Wadsworth was able to attain the title of Master Livestock Showperson at the Columbia County Fair before she graduated from 4-H. She returned to the 4-H program for Columbia and Greene counties during this past summer as a 4-H summer intern.

She plans to become a large animal veterinarian — influenced by her years as a 4-H club member.

MacIntosh grew up in Kinderhook where she was homeschooled. She received her associates degree from Hudson Valley Community College and is now a senior at SUNY Onondaga in dietetics. She is secretary for the Food and Nutrition Association, director of campus services for the Student Association, the community service chairperson for her sorority — Sigma Gamma Phi, and the president of the Human Ecology Honor Society-Phi Upsilon Omicron.

MacIntosh joined the Cougars 4-H Club (now named the Friends in 4-H Club) when she was 9 years old. Over the following nine years, she participated in many different 4-H projects but eventually settled on those related to personal health and leadership.

She held several offices in her 4-H club, was a junior leader in her club, was a county 4-H Teen Ambassador, and was trained as a Choose Health Action Team. MacIntosh’s devoted participation in all of these has led to her interest in nutrition — at first on a personal level and now as a career goal. She plans to become a dietitian.

Through her 4-H participation, MacIntosh says, “... my skills in accepting differences, conflict resolution, social skills, cooperation and communication all were continuously fostered. Due to the fact that in 4-H you can always shoot for something higher, make the best better, my ability to set goals and be resilient when I am not as successful as I hoped is incredible. This gives me both optimism and realism at the same time.”

While at the meeting, both girls had the opportunity to meet and have their photo taken with rising country music star, Chelsea Cavanaugh. Cavanaugh is a senior at an Albany-area high school but spends much time in Nashville. She has performed with many country stars, including Phil Vasser, Trace Adkins and Joe Nichols.

4-H is New York’s only youth development program directly connected to the technological advances and latest research at Cornell University. 4-H participants learn leadership, citizenship and life skills through hands-on projects in three primary program areas: science and technology; healthy living; and citizenship.

To find out more about 4-H programs in Columbia and Greene counties, call 518-828-3346 or email columbia-greene@cornell.edu.
Local 4-H Alumni Speak at NYS County Fair Managers Annual Meeting

10/9/13
For Immediate Release

Local 4-H alumni, Emily Macintosh and Erin Wadsworth, recently participated in the NYS County Fair Managers Association annual meeting. They were invited to share how their experiences in 4-H and participation at their local county fair has influenced their future plans.

Erin Wadsworth grew up in Valatie where she attended the Ichabod Crane Central Schools. She is currently a sophomore at SUNY Cobleskill with a major in animal science. She is a Resident Assistant – RA for her dorm, plays NCAA Division II softball as pitcher for her team and is a member of the American Animal Producer’s Club. Although Erin did not join a 4-H club until she was 14, she packed those four years with accomplishments. Erin’s main 4-H projects as a member of the Black Sheep 4-H Club were sheep and goats (although she had never stepped foot on a farm until she joined the 4-H club). Erin worked hard, spent much time with her project animals and learned as much as she could from her 4-H leader and club members. Erin was able to attain the title of Master Livestock Showperson at the Columbia County Fair before she graduated from 4-H. She returned to the 4-H Program for Columbia and Greene Counties during this past summer as a 4-H Summer Intern. Erin plans to become a large animal vet – totally influenced by her years as a 4-H club member.

Emily MacIntosh grew up in Kinderhook where she was homeschooled. She received her Associates Degree from Hudson Valley Community College and is now a senior at SUNY Oneonta in dietetics. She is secretary for the Food and Nutrition Association, Director of Campus Services for the Student Association, the Community Service Chairperson for her sorority Sigma Gamma Phi, and the President of the Human Ecology Honor Society Phi Upsilon Omicron. Emily joined the Cougars 4-H Club (now named the Friends in 4-H Club) when she was 9. Over the following nine years she participated in many different 4-H projects but eventually settled on those related to personal health and leadership as her main focus. She held several offices in her 4-H club, was a junior leader in her club, was a county 4-H Teen Ambassador, and was trained as a Choose Health Action Teen. Emily’s devoted participation in all of these has led to her interest in nutrition – at first on a personal level and now as a career goal. She plans to become a dietician. Through her 4-H participation Emily says, “...my skills in accepting differences, conflict resolution, social skills, cooperation, and communication all were continuously fostered. Due to the fact that in 4-H you can always shoot for something higher, make the best better, my ability to set goals and be resilient when I am not as successful as I hoped is incredible. This gives me both optimism and realism at the same time.”

While at the meeting Erin and Emily had the opportunity to meet and have their photo taken with rising country music star, Chelsea Cavanaugh. Cavanaugh is a senior at an Albany-area high school but spends much time in Nashville. She has performed with many country stars, including Phil Vascar, Trace Adkins, and Joe Nichols.

4-H is New York’s only youth development program directly connected to the technological advances and latest research at Cornell University. 4-H participants learn leadership, citizenship and life skills through hands-on projects in three primary program areas: science and technology; healthy living; and citizenship. To find out more about 4-H programs in Columbia and Greene Counties contact us at 828-3346 or cumbiagreene@cornell.edu. Cornell Cooperative Extension of Columbia and Greene Counties provides equal program and employment opportunities.

PHOTO: Emily Macintosh, Chelsea Cavanaugh, Erin Wadsworth